

Friends of the River 2016 Volunteer Opportunities

Volunteers are the life blood and joy of our river movement. You play an important role in making programs happen—and usually do the most fun jobs. Look below for one that fits your interests and talents.

Email us at info@friendsoftheriver.org with interest and questions.

Events

Help is always appreciated with registration, setup, cleanup, and even food prep and serving at selected events.

California Rivers Day and Capital River Awards

Wednesday, May 18th, 2015 || Downtown Sacramento

We are looking for 20+ volunteers for activities before and on May 18 to support the 2nd Annual California Rivers Day. Support roles include: traditional tabling, a fair on the Capitol grounds, transportation, press event, meetings with legislative offices, and an evening reception. More details to follow soon!

Download a flyer with more event details here. [coming soon]

Salmon Run—a 5K Run to Spawn the Next Generation

Fall 2016 || Sacramento, CA

Join us for a morning of fun! Help set up the course the day before, prep the morning of or volunteer at an education station. The 5K run is a community event—so come and meet some new folks too!

Canoe Program

Our canoe program can use on-shore help with equipment clean up and transportation (hitch needed), outings, and classes.

You can also train to become a Canoe Aid or Instructor.

Whitewater Rafting Program

A variety of opportunities are available in the summer on the South Fork American River with no rafting experience needed. We are always looking for folks who want to help with cooking, shuttles, equipment clean-up—especially during the BBQ and rafting outings.

You can learn to become a river advocate and whitewater guide during our annual training.

Outreach/Tabling

Table and enlist new friends for our rivers at fairs, film and music festivals, or a local farmers market.

FOR will train you how to table and set you up with an experienced table to show you how easy it is to share your love of rivers with others. We do in-person and call-in table trainings so you can be a confident and compelling advocate for rivers and FOR.

Our next trainings are [dates to be announced] by phone and begin at 7pm. Email us to participate.

Office

It is always busy at the FOR office in midtown Sacramento and we can use help with data entry, mailings, online postings, and much more. Email us if you have special office skills or experience with desktop, publishing, Adobe Creative Suite.

Internships

FOR offers spring policy and outreach internships with our policy and outreach staff as well as a summer legal internship program supervised by our Senior Legal Counsel. See below for our current internship openings.

No openings at this time. Email info@friendsoftheriver.org if you are interested in learning more.

Contact Information

If you are interested in learning more about any of the volunteer activities email us at **info@friendsoftheriver.org** with your contact information and what you are interested in volunteering to do.